WE CLAIM:

1	1. A unit dosage form for the treatment of herpes simplex and
2	conditions giving rise thereto, said unit dosage form comprising as active ingredients:
3	(a) a thiol-containing glutathione-increasing agent,
4	(b) an L-lysine-increasing agent,
5	(c) a glucosamine-increasing agent, and
6	(d) magnesium.
1	2. A unit dosage form in accordance with claim 1 in which said active
2	ingredients are formulated as a substantially homogeneous tablet that releases all of said
3	active ingredients into the stomach upon ingestion for contact with gastric fluid.
1	3. A unit dosage form in accordance with claim 1 in which:
2	(a) said thiol-containing glutathione-increasing agent is N-acetyl-
3	L-cysteine,
4	(b) said L-lysine-increasing agent is L-lysine monohydrochloride,
5	(c) said glucosamine-increasing agent is 2-amino-2-deoxy-D-glucose, and
5	(d) said magnesium is in the form of magnesium ascorbate.
i	4. A unit dosage form in accordance with claim 1 in which:
2	(a) said thiol-containing glutathione-increasing agent is N-acetyl-
3	L-cysteine in an amount ranging from about 80 mg to about 4000 mg,
1	(b) said L-lysine-increasing agent is L-lysine monohydrochloride in an
5	amount ranging from about 150 mg to about 5000 mg,
5	(c) said glucosamine-increasing agent is 2-amino-2-deoxy-D-glucose in
7	an amount ranging from about 75 mg to about 2500 mg, and
3	(d) said magnesium is in the form of magnesium ascorbate in an amount
9	ranging from about 80 mg to about 3300 mg.
l	5. A unit dosage form in accordance with claim 4 in which said active
2	ingredients are formulated as a substantially homogeneous tablet that releases all of said
3	active ingredients into the stomach upon ingestion for contact with gastric fluid.
l	6. A unit dosage form in accordance with claim 5 further comprising
2	as an active ingredient quercetin in an amount ranging from about 6 mg to about 300 mg.

1	7. A unit dosage form in accordance with claim 5 further comprising
2	as an active ingredient selenomethionine in an amount ranging from about 0.04 mg to
3	about 1 mg.
1	8. A unit dosage form in accordance with claim 5 further comprising
2	as active ingredients quercetin in an amount ranging from about 6 mg to about 300 mg
3	and selenomethionine in an amount ranging from about 0.05 mg to about 1 mg.
1	9. A unit dosage form in accordance with claim 2 in which
2	(a) said thiol-containing glutathione-increasing agent is
3	L-2-oxothiazolidine-4-carboxylate in an amount ranging from about 80 mg to
4	about 4000 mg,
5	(b) said L-lysine-increasing agent is L-lysine monohydrochloride in an
6	amount ranging from about 150 mg to about 5000 mg,
7	(c) said glucosamine-increasing agent is 2-amino-2-deoxy-D-glucose in
8	an amount ranging from about 75 mg to about 2500 mg, and
9	(d) said magnesium is in the form of magnesium ascorbate in an amount
0	ranging from about 80 mg to about 3300 mg.
1	10. A unit dosage form in accordance with claim 2 in which
2	(a) said thiol-containing glutathione-increasing agent is N-acetyl-
3	L-cysteine in an amount ranging from about 80 mg to about 4000 mg,
4	(b) said L-lysine-increasing agent is L-lysine monohydrochloride in an
5	amount ranging from about 150 mg to about 5000 mg,
6	(c) said glucosamine-increasing agent is 2-amino-2-deoxy-D-glucose in
7	an amount ranging from about 75 mg to about 2500 mg, and
8	(d) said magnesium is in the form of magnesium L-acetylcysteinate in ar
9	amount ranging from about 80 mg to about 3300 mg.
i	11. A unit dosage form in accordance with claim 2 in which
2	(a) said thiol-containing glutathione-increasing agent is N-acetyl-
3	L-cysteine in an amount ranging from about 80 mg to about 4000 mg,
4	(b) said L-lysine-increasing agent is L-lysine monohydrochloride in an
5	amount ranging from about 150 mg to about 5000 mg,

6	(c) said glucosamine-increasing agent is 2-amino-2-deoxy-D-glucose in
7	an amount ranging from about 75 mg to about 2500 mg, and
8	(d) said magnesium is in the form of magnesium 2,N-thioctylcysteinate in
9	an amount ranging from about 56 mg to about 2800 mg.
1	12. A unit dosage form in accordance with claim 2 in which
2	(a) said thiol-containing glutathione-increasing agent is N-acetyl-
3	L-cysteine in an amount ranging from about 80 mg to about 4000 mg,
4	(b) said L-lysine-increasing agent is L-lysine monohydrochloride in an
5	amount ranging from about 150 mg to about 5000 mg,
6	(c) said glucosamine-increasing agent is 2-amino-2-deoxy-D-glucose in
7	an amount ranging from about 75 mg to about 2500 mg, and
8	(d) said magnesium is in the form of magnesium 2,N-thioctyltaurate in an
9	amount ranging from about 50 mg to about 2500 mg.
1	13. A unit dosage form in accordance with claim 2 in which
2	(a) said thiol-containing glutathione-increasing agent is N-acetyl-
3	L-cysteine in an amount ranging from about 80 mg to about 4000 mg,
4	(b) said L-lysine-increasing agent is L-lysine monohydrochloride in an
5	amount ranging from about 150 mg to about 5000 mg,
6	(c) said glucosamine-increasing agent is 2-amino-2-deoxy-D-glucose in
7	an amount ranging from about 75 mg to about 2500 mg, and
8	(d) said magnesium is in the form of magnesium taurate in an amount
9 .	ranging from about 80 mg to about 3400 mg.
1	14. A unit dosage form in accordance with claim 2 in which
2	(a) said thiol-containing glutathione-increasing agent is N-acetyl-
3	L-cysteine in an amount ranging from about 80 mg to about 4000 mg,
4	(b) said L-lysine-increasing agent is L-lysine monohydrochloride in an
5	amount ranging from about 150 mg to about 5000 mg,
6	(c) said glucosamine-increasing agent is 2-amino-2-deoxy-D-glucose in
7	an amount ranging from about 75 mg to about 2500 mg, and
8	(d) said magnesium is in the form of magnesium acetate in an amount
9	ranging from about 175 mg to about 5800 mg.

I	15. A unit dosage form in accordance with claim 2 in which
2	(a) said thiol-containing glutathione-increasing agent is N-acetyl-
3	L-cysteine in an amount ranging from about 80 mg to about 4000 mg,
4	(b) said L-lysine-increasing agent is L-lysine monohydrochloride in an
5	amount ranging from about 150 mg to about 5000 mg,
6	(c) said glucosamine-increasing agent is 2-amino-2-deoxy-D-glucose in
7	an amount ranging from about 75 mg to about 2500 mg, and
8	(d) said magnesium is in the form of magnesium citrate in an amount
9	ranging from about 32 mg to about 1610 mg.
ı	16. A unit dosage form in accordance with claim 2 in which
2	(a) said thiol-containing glutathione-increasing agent is N-acetyl-
3	L-cysteine in an amount ranging from about 80 mg to about 4000 mg,
4	(b) said L-lysine-increasing agent is L-lysine monohydrochloride in an
5	amount ranging from about 150 mg to about 5000 mg,
6	(c) said glucosamine-increasing agent is 2-amino-2-deoxy-D-glucose in
7	an amount ranging from about 75 mg to about 2500 mg, and
8	(d) said magnesium is in the form of magnesium oxide in an amount
9	ranging from about 50 mg to about 1600 mg.
I	17. A unit dosage form in accordance with claim 5 further comprising
2	as an active ingredient zinc picolinate present in an amount ranging from about 7.1 mg to
3	about 380 mg.
ı	18. A unit dosage form in accordance with claim 5 further comprising
2	as an active ingredient copper sulfate present in an amount ranging from about 0.40 mg to
3	about 14 mg.
1	19. A unit dosage form in accordance with claim 5 further comprising
2	as active ingredients zinc picolinate in an amount ranging from about 7.1 mg to about 380
3	mg and copper sulfate in an amount ranging from about 0.40 mg to about 14 mg.
1	20. A unit dosage form in accordance with claim 17 in which said zinc
2	is in the form of zinc sulfate and is present in an amount ranging from about 3.7 mg to
3	about 198 mg

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i	21. A unit dosage form in accordance with claim 17 in which said zinc
2	is in the form of zinc dinicotinate and is present in an amount ranging from about 7.1 mg
3	to about 380 mg.
1	22. A unit dosage form in accordance with claim 17 in which said zinc
2	is in the form of zinc ascorbate and is present in an amount ranging from about 9.5 mg to
3	about 500 mg.
1	23. A unit dosage form in accordance with claim 17 in which said zinc
2	is in the form of zinc L-acetylcysteinate and is present in an amount ranging from about 9
3	mg to about 480 mg.
1	24. A unit dosage form in accordance with claim 17 in which said zinc
2	is in the form of zinc L-lysinate and is present in an amount ranging from about 8 mg to
3	about 435 mg.
1	25. A unit dosage form in accordance with claim 18 in which said unit
2	dosage form is an oral dosage form and said Cu ⁺² is in the form of copper
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3	L-acetylcysteinate and is present in an amount ranging from about 1 mg to about 30 mg.
1	26. A unit dosage form in accordance with claim 8 further comprising
2	as an active ingredient zinc picolinate in an amount ranging from about 7.1 mg to about
3	380 mg.
ī	27. A unit dosage form in accordance with claim 8 further comprising
2	as an active ingredient copper sulfate in an amount ranging from about 0.40 mg to about
3	14.0 mg.
1	28. A unit dosage form in accordance with claim 8 further comprising
2	as an active ingredient zinc picolinate in an amount ranging from about 7.1 mg to about
3	380 mg and copper sulfate in an amount ranging from about 0.40 mg to about 14.0 mg.
1	29. A layered tablet for the treatment of herpes simplex and conditions

giving rise thereto, said layered tablet comprising an immediate-release layer and a

sustained-release layer, and comprising the following as active ingredients distributed

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- 4 between said immediate-release layer and said sustained-release layer in the following
- 5 approximate proportions expressed as relative weight percents:

	Immediate-Release Layer	Sustained-Release Layer
Magnesium L-ascorbate	40-60%	balance
2-Amino-2-deoxy-D-glucose	40-60%	balance
L-lysine monohydrochloride	40-60%	balance
N-acetyl-L-cysteine	40-60%	balance
Quercetin	40-60%	balance
L-Selenomethionine	100%	
Copper sulfate	100%	
Zinc picolinate	40-60%	balance
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1 30. A layered tablet for use as an oral dosage form, said layered tablet comprising an immediate-release layer and a sustained-release layer, and comprising the following as active ingredients distributed between said immediate-release layer and said sustained-release layer in the following approximate proportions expressed as relative weight percents:

	Immediate-Release Layer	Sustained-Release Layer
Magnesium taurate	40-60%	balance
L-selenomethionine	100%	
2-Amino-2-deoxy-D-glucose	40-60%	balance
L-Lysine ascorbate	50-60%	balance
Copper sulfate	100%	•
Zinc lysinate	40-60%	balance
N-acetyl-L-cysteine	40-60%	balance
Quercetin	40-60%	balance

31. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form comprising as active ingredients:

(a) a thiol-containing glutathione-increasing agent having the formula RMX in which:

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6	R is a member selected from the group consisting of N-acetyl-
7	L-cysteine, L-2-oxothiazolidine-4-carboxylate,
8	N-2(-mercaptopropionyl)-glycine, and L-lysine,
9	M is a member selected from the group consisting of Mg ⁺² , Cu ⁺²
10	Zn^{+2} , and Se^{+2} , and
11	X is a member selected from the group consisting of hydroxide,
12	halide, sulfate, acetate, ascorbate, and bis-ascorbate;
13	(b) an L-lysine-increasing agent,
14	(c) a glucosamine-increasing agent, and
15	(d) magnesium.
1	32. A unit dosage form for the treatment of herpes simplex and
2	conditions giving rise thereto, said unit dosage form comprising as active ingredients:
3	(a) a thiol-containing glutathione-increasing agent having the formula
4	RMg ⁺² X
5	in which:
6	R is a member selected from the group consisting of cysteine,
7	N-acetyl-L-cysteine, L-2-oxothiazolidine-4-carboxylate,
8	N-2(-mercaptopropionyl)-glycine, and L-lysine, and
9	X is a member selected from the group consisting of hydroxide,
0	halide, sulfate, phosphate, acetate, ascorbate, and bis-
l 1	ascorbate;
12	(b) an L-lysine-increasing agent,
13	(c) a glucosamine-increasing agent, and
14	(d) magnesium.
1	33. A unit dosage form for the treatment of herpes simplex and
2	conditions giving rise thereto, said unit dosage form comprising as active ingredients:
3	(a) a thiol-containing glutathione-increasing agent having the formula
4	RCu ⁺² X
5	în which:
6	R is a member selected from the group consisting of cysteine,
7	acetylcysteine, N-acetyl-cysteine, L-2-oxothiazolidine-

8	4-carboxylate, N-2(-mercaptopropionyl)-glycine, and
9	L-lysine, and
10	X is a member selected from the group consisting of hydroxide,
11	halide, sulfate, phosphate, and acetate;
12	(b) an L-lysine-increasing agent,
13	(c) a glucosamine-increasing agent, and
14	(d) magnesium.
1	34. A unit dosage form for the treatment of herpes simplex and
2	conditions giving rise thereto, said unit dosage form comprising as active ingredients:
3	(a) a thiol-containing glutathione-increasing agent;
4	(b) an L-lysine-increasing agent,
5	(c) a glucosamine-increasing agent,
6	(d) magnesium, and
7	(e) a complex having the formula
8	RZn ⁺² X
9	in which:
10	R is a member selected from the group consisting of cysteine,
11	acetylcysteine, N-acetyl-cysteine, L-2-oxothiazolidine-
12	4-carboxylate, N-2(-mercaptopropionyl)-glycine, and
13	L-lysine, and
14	X is a member selected from the group consisting of hydroxide,
15	halide, sulfate, phosphate, acetate, ascorbate, and bis-
16	ascorbate.
1	35. A unit dosage form for the treatment of herpes simplex and
2	conditions giving rise thereto, said unit dosage form comprising as active ingredients:
3	(a) a thiol-containing glutathione-increasing agent;
4	(b) an L-lysine-increasing agent,
5	(c) a glucosamine-increasing agent,
6	(d) magnesium,
7	(e) copper,
8	(f) zinc, and
9	(g) selenium,

10	at least one of (d), (e), (f), and (g) being in the form of a complex having the formula
11	R_nMX
12	in which:
13	R is a member selected from the group consisting of
14	2,N-thioctylcysteine, 2,N-thioctyllysine, and
15	2,N-thioctyltaurine,
16	n is 1 or 2,
17	M is a member selected from the group consisting of Mg ⁺² , Cu ⁺² ,
18	Zn ⁺² , and Se ⁺² , and
19	X is a member selected from the group consisting of hydroxide,
20	halide, sulfate, acetate, ascorbate, and bis-ascorbate.
1	36. A unit dosage form for the treatment of herpes simplex and
2	conditions giving rise thereto, said unit dosage form being an ophthalmic eyedrop dosage
3	form comprising as active ingredients:
4	(a) ascorbic acid,
5	(b) 2-amino-2-deoxy-D-glucose,
6	(c) zinc sulfate, and
7	(d) L-lysine hydrochloride.
1	37. A unit dosage form in accordance with claim 36 in which the
2	concentrations of said active ingredients are as follows:
3	(a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid,
4	(b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-
5	glucose,
6	(c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and
7	(d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride.
1	38. A unit dosage form in accordance with claim 37 further comprising
2	as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to
3	about 15 μg/mL.
1	39. A unit dosage form in accordance with claim 37 further comprising
2	as an active ingredient heparin sodium in a concentration ranging from about 0.6
3	units/mL to about 8 units/mL.

as an active ingredient L-2-oxothiazolidine-4-carboxylate in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 43. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	1	40. A unit dosage form in accordance with claim 37 further comprising
41. A unit dosage form in accordance with claim 37 further comprising as an active ingredient N-acetyl-L-cysteine in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 42. A unit dosage form in accordance with claim 37 further comprising as an active ingredient L-2-oxothiazolidine-4-carboxylate in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 43. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL.	2	as active ingredients copper sulfate in a concentration ranging from about 0.4 µg/mL to
41. A unit dosage form in accordance with claim 37 further comprising as an active ingredient N-acetyl-L-cysteine in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 42. A unit dosage form in accordance with claim 37 further comprising as an active ingredient L-2-oxothiazolidine-4-carboxylate in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 43. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL.	3	about 15 µg/mL and heparin sodium in a concentration ranging from about 0.6 units/mL
as an active ingredient N-acetyl-L-cysteine in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 42. A unit dosage form in accordance with claim 37 further comprising as an active ingredient L-2-oxothiazolidine-4-carboxylate in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 43. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL.	4	to about 8 units/mL.
as an active ingredient N-acetyl-L-cysteine in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 42. A unit dosage form in accordance with claim 37 further comprising as an active ingredient L-2-oxothiazolidine-4-carboxylate in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 43. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL.		
3 mg/mL to about 0.5 mg/mL. 42. A unit dosage form in accordance with claim 37 further comprising as an active ingredient L-2-oxothiazolidine-4-carboxylate in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 43. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising		•
42. A unit dosage form in accordance with claim 37 further comprising as an active ingredient L-2-oxothiazolidine-4-carboxylate in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 43. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	2	
as an active ingredient L-2-oxothiazolidine-4-carboxylate in a concentration ranging from about 0.02 mg/mL to about 0.5 mg/mL. 43. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	3	mg/mL to about 0.5 mg/mL.
about 0.02 mg/mL to about 0.5 mg/mL. 43. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	1	42. A unit dosage form in accordance with claim 37 further comprising
1 43. A unit dosage form for the treatment of herpes simplex and conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	2	as an active ingredient L-2-oxothiazolidine-4-carboxylate in a concentration ranging from
conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL.	3	about 0.02 mg/mL to about 0.5 mg/mL.
comprising as active ingredients: (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL.	1	43. A unit dosage form for the treatment of herpes simplex and
 (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising 	2	conditions giving rise thereto, said unit dosage form being an ophthalmic ointment or gel
(b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	3	comprising as active ingredients:
glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL.	4	(a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid,
(c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 44. A unit dosage form in accordance with claim 43 further comprising as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	5	(b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-
8 (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 1 44. A unit dosage form in accordance with claim 43 further comprising 2 as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to 3 about 15 μg/mL. 1 45. A unit dosage form in accordance with claim 43 further comprising 2 as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to 3 about 2.75 μg/mL. 1 46. A unit dosage form in accordance with claim 43 further comprising 2 as an active ingredient heparin sodium in a concentration ranging from about 0.6 3 units/mL to about 8 units/mL. 1 47. A unit dosage form in accordance with claim 43 further comprising	6	glucose,
1 44. A unit dosage form in accordance with claim 43 further comprising 2 as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to 3 about 15 μg/mL. 1 45. A unit dosage form in accordance with claim 43 further comprising 2 as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to 3 about 2.75 μg/mL. 1 46. A unit dosage form in accordance with claim 43 further comprising 2 as an active ingredient heparin sodium in a concentration ranging from about 0.6 3 units/mL to about 8 units/mL. 1 47. A unit dosage form in accordance with claim 43 further comprising	7	(c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and
as an active ingredient copper sulfate in a concentration ranging from about 0.4 μg/mL to about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	8	(d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride.
about 15 μg/mL. 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	1	44. A unit dosage form in accordance with claim 43 further comprising
 45. A unit dosage form in accordance with claim 43 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising 	2	as an active ingredient copper sulfate in a concentration ranging from about 0.4 µg/mL to
 as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising 	3	about 15 μg/mL.
 about 2.75 μg/mL. 46. A unit dosage form in accordance with claim 43 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising 	1	45. A unit dosage form in accordance with claim 43 further comprising
1 46. A unit dosage form in accordance with claim 43 further comprising 2 as an active ingredient heparin sodium in a concentration ranging from about 0.6 3 units/mL to about 8 units/mL. 1 47. A unit dosage form in accordance with claim 43 further comprising	2	as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to
as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	3	about 2.75 μg/mL.
as an active ingredient heparin sodium in a concentration ranging from about 0.6 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising	1	46. A unit dosage form in accordance with claim 43 further comprising
 units/mL to about 8 units/mL. 47. A unit dosage form in accordance with claim 43 further comprising 		•
-		
-	t	47. A unit dosage form in accordance with claim 43 further comprising
	2	as active ingredients quercetin in a concentration ranging from about 0.12 µg/mL to about

2.75 µg/mL and heparin sodium in a concentration ranging from about 0.6 units/mL to 3 4 about 8 units/mL. 1 48. A unit dosage form in accordance with claim 43 further comprising as active ingredients quercetin in a concentration ranging from about 0.12 µg/mL to about 2 2.75 µg/mL, heparin sodium in a concentration ranging from about 0.6 units/mL to about 3 4 8 units/mL, and N-acetyl-L-cysteine in a concentration ranging from about 0.02 mg/mL 5 to about 0.5 mg/mL. 49. A unit dosage form for the treatment of herpes simplex and 1 2 conditions giving rise thereto, said unit dosage form being a vaginal dosage form selected 3 from the group consisting of vaginally appropriate suppositories, creams, tablets and gels, comprising as active ingredients: 4 5 (a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid, 6 (b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-7 glucose, (c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and 8 9 (d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride. 50. 1 A unit dosage form in accordance with claim 49 further comprising 2 as an active ingredient copper sulfate in a concentration ranging from about 0.4 µg/mL to about 15 µg/mL. 3 1 51. A unit dosage form in accordance with claim 49 further comprising as an active ingredient quercetin in a concentration ranging from about 0.12 µg/mL to 2 3 about 2.75 µg/mL. 1 52. A unit dosage form in accordance with claim 49 further comprising as an active ingredient heparin sodium in a concentration ranging from about 0.6 unit/mL 2 3 to about 8 units/mL. A unit dosage form in accordance with claim 49 further comprising 1 53. as an active ingredient quercetin in a concentration ranging from about 0.12 µg/mL to 2 about 2.75 µg/mL and heparin sodium in a concentration ranging from about 0.6 unit/mL 3 to about 8 units/mL. 4

ı	54. A unit dosage form in accordance with claim 49 further comprising
2	as an active ingredient quercetin in a concentration ranging from about 0.12 μg/mL to
3	about 2.75 μg/mL, heparin sodium in a concentration ranging from about 0.6 unit/mL to
4	about 8 units/mL, and N-acetylcysteine in a concentration ranging from about 0.6
5	units/mL to about 8 units/mL.
1	55. A unit dosage form for the treatment of herpes simplex and
2	conditions giving rise thereto, said unit dosage form being a mucosal dosage form
3	selected from the group consisting of vaginally appropriate suppositories, creams, tablets
4	and gels, comprising as active ingredients:
5	(a) ascorbic acid,
6	(b) 2-amino-2-deoxy-D-glucose,
7	(c) zinc sulfate, and
8	(d) L-lysine hydrochloride.
1	56. A unit dosage form in accordance with claim 55 in which the
2	concentrations of said active ingredients are as follows:
3	(a) about 1.3 μg/mL to about 30 μg/mL of ascorbic acid,
4	(b) about 0.01 mg/mL to about 0.2 mg/mL of 2-amino-2-deoxy-D-
5	glucose,
6	(c) about 0.06 μg/mL to about 8.5 μg/mL of zinc sulfate, and
7	(d) about 1.6 μg/mL to about 23 μg/mL of L-lysine hydrochloride.
1	57. A unit dosage form in accordance with claim 55 further comprising
2	as an active ingredient copper sulfate in a concentration ranging from about 0.4 $\mu g/mL$ to
3	about 15 μg/mL.
1	58. A unit dosage form in accordance with claim 55 further comprising
2	as an active ingredient heparin sodium in a concentration ranging from about 0.6
3	units/mL to about 8 units/mL.
1	59. A unit dosage form in accordance with claim 55 further comprising
2	as active ingredients copper sulfate in a concentration ranging from about 0.4 μg/mL to
3	about 15 μg/mL and heparin sodium in a concentration ranging from about 0.6 units/mL
4	to about 8 unitalms

1	60.	A unit dosage form in accordance with	claim 55 further comprising
2	as an active ingredient N-acetyl-L-cysteine in a concentration ranging from about 0.02		
3	mg/mL to about 0.5 mg/mL.		
	(1	A south dancer from the consideration with	
I	61.	A unit dosage form in accordance with	, ,
2	as an active ingredient L-2-oxothiazolidine-4-carboxylate in a concentration ranging from		
3	about 0.02 mg/mL to about 0.5 mg/mL.		
1	62.	A unit dosage form for the treatment of	f herpes simplex and
2	conditions giving ri	conditions giving rise thereto, said unit dosage form being a topical dermal dosage form	
3	selected from the group consisting of topical lotions, gels, creams, and emulsions,		
4	comprising as activ	ve ingredients:	1
5	(a)	ascorbic acid,	
6	(b)	2-amino-2-deoxy-D-glucose,	
7	(c) :	zinc sulfate, and	
8	(d)	L-lysine hydrochloride.	
1	63.	A unit dosage form in accordance with	claim 62 in which the
2	concentrations of said active ingredients are as follows:		
3	(a) a	about 1.3 μg/mL to about 30 μg/mL of asc	orbic acid,
4	(b)	about 0.01 mg/mL to about 0.2 mg/mL of	2-amino-2-deoxy-D-
5		glucose,	
6	(c) a	about 0.06 μg/mL to about 8.5 μg/mL of zi	inc sulfate, and
7	(d)	about 1.6 μg/mL to about 23 μg/mL of L-l	ysine hydrochloride.
1	64.	A unit dosage form in accordance with	claim 63 further comprising
2	as an active ingredient Cu ⁺² in a concentration ranging from about 0.15 μg/mL to about		
3	15 μg/mL.		
1	65.	A unit dosage form in accordance with	claim 64 further comprising
2	as an active ingredient quercetin in a concentration ranging from about 0.12 µg/mL to		
3	about 2.75 µg/mL.		

- 1 66. A unit dosage form in accordance with claim 65 further comprising 2 as an active ingredient heparin sodium in a concentration ranging from about 0.6 unit/mL 3 to about 8 units/mL.
- A unit dosage form in accordance with claim 66 further comprising
 as an active ingredient D,α-tocopherol in a concentration ranging from about 16 µg/mL to
 about 1600 µg/mL.
- 68. A unit dosage form in accordance with claim 67 in which said D,α tocopherol is in the form of D,α-tocopherol nicotinate in a concentration ranging from
 about 19 µg/mL to about 2600 µg/mL.
- 69. A unit dosage form in accordance with claim 67 in which said D,α tocopherol is in the form of D,α-tocopherol succinate in a concentration ranging from
 about 19 µg/mL to about 2500 µg/mL.